

A Dozen Dirty Habits to Quit

1. Don't get **angry** at anybody or anything, not even a little bit **irritated**.

Ephesians 4:26–27 Be angry, and yet do not sin; do not let the sun go down on your anger, and do not give the devil an opportunity.

Proverbs 14:17 A quick-tempered man acts foolishly, and a man of evil devices is hated.

Proverbs 14:29 He who is slow to anger has great understanding, but he who is quick-tempered exalts folly.

Proverbs 16:32 He who is slow to anger is better than the mighty, and he who rules his spirit, than he who captures a city.

Ecclesiastes 7:9 Do not be eager in your heart to be angry, for anger resides in the bosom of fools.

Ephesians 4:31–32 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

2. Don't be **greedy**, **discontent**, or **covetous**.

Ephesians 5:3–6 But immorality or any impurity or greed must not even be named among you, as is proper among saints; and *there must be no* filthiness and silly talk, or coarse jesting, which are not fitting, but rather giving of thanks. For this you know with certainty, that no immoral or impure person or covetous man, who is an idolater, has an inheritance in the kingdom of Christ and God. Let no one deceive you with empty words, for because of these things the wrath of God comes upon the sons of disobedience.

Exodus 20:17 “You shall not covet your neighbor’s house; you shall not covet your neighbor’s wife or his male servant or his female servant or his ox or his donkey or anything that belongs to your neighbor.”

Joshua 7:21 when I saw among the spoil a beautiful mantle from Shinar and two hundred shekels of silver and a bar of gold fifty shekels in weight, then I coveted them and took them; and behold, they are concealed in the earth inside my tent with the silver underneath it.”

Luke 12:15 Then He said to them, “Beware, and be on your guard against every form of greed; for not *even* when one has an abundance does his life consist of his possessions.”

Colossians 3:5–6 Therefore consider the members of your earthly body as dead to immorality, impurity, passion, evil desire, and greed, which amounts to idolatry. For it is because of these things that the wrath of God will come upon the sons of disobedience,

Hebrews 13:5 *Make sure that* your character is free from the love of money, being content with what you have; for He Himself has said, “I will never desert you, nor will I ever forsake you,”

1 Timothy 6:6–8 But godliness *actually* is a means of great gain when accompanied by contentment. For we have brought nothing into the world, so we cannot take anything out of it either. If we have food and covering, with these we shall be content.

3. Don't be rude to people, no matter how poor the service.

Ephesians 4:29 Let no unwholesome word proceed from your mouth, but only such *a word* as is good for edification according to the need *of the moment*, so that it will give grace to those who hear.

Colossians 3:8,12 But now you also, put them all aside: anger, wrath, malice, slander, *and* abusive speech from your mouth. ... So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience;

Colossians 4:6 Let your speech always be with grace, *as though* seasoned with salt, so that you will know how you should respond to each person.

Proverbs 12:18 There is one who speaks rashly like the thrusts of a sword, But the tongue of the wise brings healing.

Proverbs 15:4 A soothing tongue is a tree of life, But perversion in it crushes the spirit.

Proverbs 16:24 Pleasant words are a honeycomb, Sweet to the soul and healing to the bones.

4. Don't **grumble** or **complain** about anything, ever.

Philippians 2:14–15 Do all things without grumbling or disputing; ¹⁵ so that you will prove yourselves to be blameless and innocent, children of God above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world,

Numbers 14:26–29 The Lord spoke to Moses and Aaron, saying, “How long *shall I bear* with this evil congregation who are grumbling against Me? I have heard the complaints of the sons of Israel, which they are making against Me. “Say to them, ‘As I live,’ says the Lord, ‘just as you have spoken in My hearing, so I will surely do to you; your corpses will fall in this wilderness, even all your numbered men, according to your complete number from twenty years old and upward, who have grumbled against Me.

5. Don't allow **bitterness** to stay in your heart or mind longer than a day.

Hebrews 12:15 See to it that no one comes short of the grace of God; that no root of bitterness springing up causes trouble, and by it many be defiled;

Matthew 6:14–15 “For if you forgive others for their transgressions, your heavenly Father will also forgive you. “But if you do not forgive others, then your Father will not forgive your transgressions.

Matthew 18:34–35 “And his lord, moved with anger, handed him over to the torturers until he should repay all that was owed him. “My heavenly Father will also do the same to you, if each of you does not forgive his brother from your heart.”

6. Don't let yourself **drift away** from God.

Hebrews 2:1 For this reason we must pay much closer attention to what we have heard, so that we do not drift away *from it*.

Hebrews 3:12 Take care, brethren, that there not be in any one of you an evil, unbelieving heart that falls away from the living God.

Hebrews 5:11–14 Concerning him we have much to say, and *it is* hard to explain, since you have become dull of hearing. For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food. For everyone who partakes *only* of milk is not accustomed to the word of righteousness, for he is an infant. But solid food is for the mature, who because of practice have their senses trained to discern good and evil.

2 Corinthians 11:3 But I am afraid that, as the serpent deceived Eve by his craftiness, your minds will be led astray from the simplicity and purity *of devotion* to Christ.

7. Don't **think immoral** thoughts for longer than 5 seconds.

2 Corinthians 10:5 *We are* destroying speculations and every lofty thing raised up against the knowledge of God, and *we are* taking every thought captive to the obedience of Christ,

2 Timothy 2:20–22 Now in a large house there are not only gold and silver vessels, but also vessels of wood and of earthenware, and some to honor and some to dishonor. Therefore, if anyone cleanses himself from these *things*, he will be a vessel for honor, sanctified, useful to the Master, prepared for every good work. Now flee from youthful lusts and pursue righteousness, faith, love *and* peace, with those who call on the Lord from a pure heart.

1 Corinthians 6:18 Flee immorality. Every *other* sin that a man commits is outside the body, but the immoral man sins against his own body.

1 Peter 2:11 Beloved, I urge you as aliens and strangers to abstain from fleshly lusts which wage war against the soul.

Matthew 5:28 but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart.

8. Don't **boast**, **brag**, seek **glory** from people, or let a hint of **pride** invade your thoughts, not even about the fish you caught.

Luke 1:51 "He has done mighty deeds with His arm; He has scattered *those who were* proud in the thoughts of their heart.

Isaiah 2:12 For the Lord of hosts will have a day *of reckoning* Against everyone who is proud and lofty And against everyone who is lifted up, That he may be abased.

Isaiah 2:17 The pride of man will be humbled And the loftiness of men will be abased; And the Lord alone will be exalted in that day,

Daniel 4:37 "Now I, Nebuchadnezzar, praise, exalt and honor the King of heaven, for all His works are true and His ways just, and He is able to humble those who walk in pride."

9. Don't feel **sorry** for yourself or take **offense** at what people say or do to you.

10. Don't **justify**, **excuse**, or **blame** your behavior on circumstances or how you **feel**.

11. Don't forget your **promises**; be **faithful** even in the super small stuff.

12. Don't let yourself get **addicted** to anything.